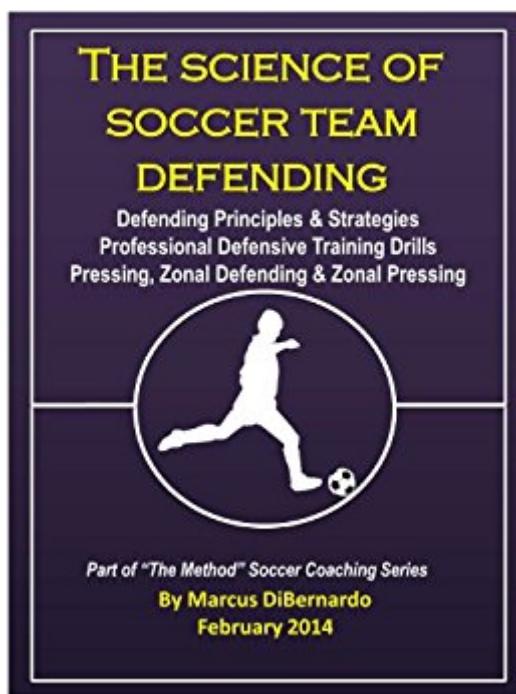


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# The Science Of Soccer Team Defending: Professional Defensive Drills Defending Principles & Strategies Pressing, Zonal Defending & Zonal Pressing



## **Synopsis**

The Science of Soccer Team Defending covers zonal defending, zonal pressing, pressing and key defensive principles and strategies. The training sessions are from some of the top clubs in the world. The book is a culmination of the best drills and information I have gathered in 20+ years of coaching soccer. I use every training session in the book with my teams; applying the strategies and principles to all of the formations we use. I am confident âœThe Science of Soccer Team Defendingâ• will improve your ability to coach defense.

## **Book Information**

File Size: 953 KB

Print Length: 33 pages

Page Numbers Source ISBN: 1496058704

Simultaneous Device Usage: Unlimited

Publication Date: February 23, 2014

Sold by:Â Digital Services LLC

Language: English

ASIN: B00IM1NEAC

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #164,834 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #17 inÂ Kindle Store > Kindle eBooks > Nonfiction > Sports > Coaching > Soccer #40 inÂ Kindle Store > Kindle Short Reads > One hour (33-43 pages) > Sports & Outdoors #47 inÂ Kindle Store > Kindle eBooks > Nonfiction > Sports > Soccer

## **Customer Reviews**

The language used is easy to understand and the concepts are demonstrated well. However it lacks depth - it is too short.

Never received!

There are many good drills in this book. There are a lot of book written by this author, all good books.

This Book covers key principles and issues of defending. Helpful drills are included ... Can be used at all levels

All of Marcus's books have been very helpful and informative. I appreciate very much the time spent on organizing the information.

There is as much knowledge here as 5 minutes of youtube on the subject. Better of doing a google search.

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